What is CPD?

CPD is a term that is commonly used across many different industries in relation to learning, but what does it mean, exactly? Continue reading to find out and learn some more about other terms related to CPD.

CPD stands for **Continuing Professional Development**. It is used to refer to the various ways in which professionals stay up to date on the various skills, knowledge, ideas, and concepts in their industry. Taking part in CPD not only helps you to be better at what you do, but it can also open more doors for you in your career, as you are demonstrating that you take a proactive approach in bettering your knowledge.

What are some examples of CPD?

CPD is anything that develops your professional skills and knowledge. This can take the form of an in-person training course, an online webinar, or something as simple as listening to a podcast in your chosen specialism. Take a look at the graphic to see some more specific examples to help better your understanding!

What are CPD credits?

When talking about CPD, you will often hear about CPD credits. Every CPD activity you partake in, whether this be an online course, seminar, or lecture, will come with a certain amount of CPD credits. CPD credits are simply a way of measuring the amount of CPD you have completed. The number of CPD credits attached to an activity is typically the number of hours you will spend on it. If a classroom course takes 5 hours to complete, you will receive 5 CPD credits that you can add to your CV or professional portfolio.

What is CPD accreditation?

If you're looking for a CPD activity, it is important to look for activities that have received CPD accreditation. If an activity is accredited, it means that a CPD accreditation body like The CPD Group have assessed it to make sure it meets the required CPD standards. This is important as it ensures that you will receive high quality learn-

ing that has been externally assessed. Accreditation bodies like us also accredit Trainers, Events, Providers, Employers and more, so if you are taking part in CPD of any kind, be sure that it's accredited to ensure quality!

How do I find great CPD?

You've decided that you'd like to take part in some CPD, but where do you start? You could begin by asking your employer if they have any recommendations – or perhaps your employer already has a CPD scheme in place. (In this case, they should apply to be a CPD Employer!) You could also ask others in your industry if they have any suggestions via online forums or networking sessions. You're also able to search The CPD Register, which is a independent directory of all things CPD accredited: activities, providers, trainer and events!

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